

# Bianca's Body Math

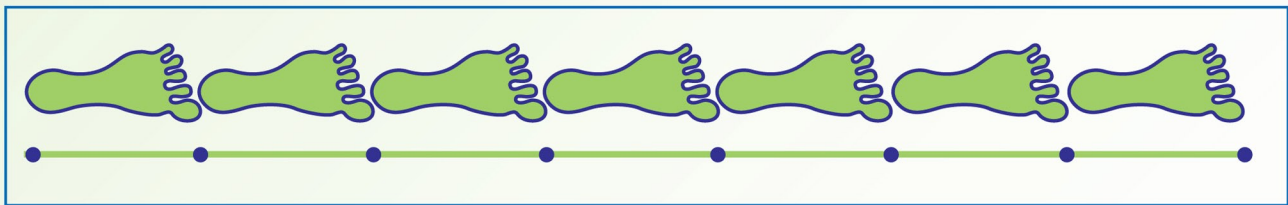
Did you know that for a lot of people, their foot is the same length as their forearm? Find out if it's true for you!

## YOU NEED

piece of string (a little longer than your height)  
black marker

## DIRECTIONS

First, start at the end of your string and mark off seven of your foot-lengths.



Now use the string to measure the body parts listed below. Have a friend help. Be sure to measure from one black mark on the string to the next.



### Measure

From wrist to elbow (forearm)

Around widest part of your fist

Around your forehead

From head to toe

### About how many foot lengths?

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\_\_\_\_\_

\_\_\_\_\_

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## Who Knew?

A person's height is often the same as his or her arm span (arms out to side, middle fingertip to middle fingertip). Is yours?